A message from the Chief Executive

Elizabeth

I am writing this on World Cancer Day. I have been thinking about all those who have recently been diagnosed, those who have successfully completed treatment, those survivors and those who are living with cancer. 50% of us will get cancer at some times in our lives. Another 50% of those will survive but it does mean that the other 50% will not survive.

The care landscape for those with cancer has changed enormously in the past years. However, diagnosis is still such a blow and the reality is, that whatever the outcome, your life is never the same. For some it is an opportunity, once the initial shock has faded, to re-evaluate their lives and make positive changes, for others it quite simply turns their lives upside down and is completely devastating.

Those working in cancer care, hospice and palliative care learn never to assume. A patient once said to me after the diagnosis of advanced cancer, “I am so afraid”. One could have assumed that he was frightened of all he was to face, or perhaps frightened of the treatment or indeed of the possibility of dying. However, he said when I asked “frightened of what?”, “I am frightened of not being able to find a girlfriend”. So, although fear and anxiety is common, what we are fearful of or anxious about is particular to each person.

You will have heard a great deal recently of the pressures on the NHS, lack of nurses, increasing costs, ambulances waiting outside Accident & Emergency Departments, and more recently Margaret Hodge on Today (Radio 4) succinctly outlined some of the pressures faced by the NHS – lack of financial investment year on year, and real concern on spend including the increasing costs of Agency staff. Her comments reflect the File on 4 programme on Sunday 27th January, “Where have all the nurses gone?” This programme looked at the reasons for the nursing shortage in the NHS in England and the costs of plugging the gap at a time of peak demand.

At Lewis-Manning we ensure that there is “time to care”, time to explore these fears, time to address physical and emotional needs. The clinical team here are enabled to have the time to be alongside patients so that together they can find a way through all this chaos. However, this comes at not an insignificant cost, as hospices all have a high ratio of nurses to patients. Although perhaps less task based care, it is more intensive as far as developing conversation and talking about patient need. The psychosocial element of care takes up much of the time and indeed is such a valuable element of care – holistic care.

Lady Hodge also said that the NHS cannot expect the community to support services without putting “up front” costs into this care. Lewis-Manning has developed all its services, in the last few years, with the support and generosity of the community and some wonderful grant making trusts. The respite care we are offering in the bedrooms does not attract any NHS funding and is supported solely by the patient/carer, the community and more recently by two very kind and generous grants. However, we are still open 24/7 and include end of life care using the bedrooms. But without the financial support how are community organisations going to be able to support the NHS into the future – something needs to shift.

The voluntary sector is willing and able to offer much needed services for patients and carers, the NHS and government want and need that help, but as Margaret Hodge says – there needs to be the financial contribution to allow this to happen.

My personal thanks to each and every one of you who have “time to care” and who care enough about this organisation and the patients and carers to help.

Elizabeth Purcell, Chief Executive

You can follow Elizabeth on Facebook www.facebook.com/ElizabethPurcellLMH

The new Lewis-Manning Hospice:

• Day Hospice (advice and support for patients and their carers, pain and symptom management, physiotherapy, rehabilitation, creative arts and aromatherapy)
• Lymphoedema Clinic
• Better Breathing Clinic
• Bereavement service for patients’ carers
• Education service
• Bedded palliative care unit (phased opening)
• Carers Group

Cover photo: - Sisters Leah and Megan celebrate launch of their Mummy’s book, along with hospice Patron Debra Stephenson – photo courtesy of Darkveil Photograpy.
News

Celebrating women – International Women’s Day

To celebrate International Women’s Day, Lewis-Manning is launching its Celebrating Women 2015 campaign with a Ladies Afternoon Tea event at the Harbour Heights Hotel in Sandbanks on March 6th at 3pm.

International Women’s Day takes place annually on March 8th with thousands of events held throughout the world to inspire women and celebrate their achievements and this year its theme is ‘Make It Happen’. The Ladies Afternoon Tea will be an opportunity to unveil details of Lewis-Manning’s third annual Celebrating Women Lunch, which will be taking place on Friday 2nd October as part of Breast Cancer Awareness Month and will be calling upon women to “#make it happen”.

Rachel Lapworth, Director of Development at Lewis-Manning, explained, “I never cease to be amazed by the power of women in the community and this is a chance to celebrate their achievements and encourage other women to be the best they can be, no matter what their circumstances.”

The Ladies Afternoon Tea will feature Gill Donnell MBE as Guest Speaker from Poundbury, Dorchester. Gill is an experienced leader, motivational speaker and executive coach, who has spent much of her working life promoting the role of women in the workplace and supporting individuals to achieve their full potential.

Gill is behind www.unlockyourdaughters.com which is committed to encouraging and empowering women to realise their true potential and offers support in a variety of ways. In 2009 Gill’s work on women’s development was recognised by Her Majesty the Queen with the award of an MBE.

Tickets for the event are £25 and can be bought from the Fundraising Team on 01202 701000. The price includes a traditional afternoon tea consisting of delicious cakes, pastries and sandwiches with hot beverages and will feature a raffle and auction, plus live entertainment from Alani String Quartet.

Daughters light up a life for Mummy

The daughters of former Lewis-Manning patient Nikki Hastings, switched on special tree lights in her memory at the hospice’s ‘Light up a Life’ event, which took place in November.

Eight year old Megan and her sister Leah, ten, switched on the lights to remember their Mummy who died aged 40 in June after being diagnosed with secondary breast cancer in 2008. Nikki, who was a Day Hospice patient, became a great ambassador for the hospice, regularly sharing her story in the media and at events, including the hospice’s Ladies Lunch and annual conference held at AFC Bournemouth. Earlier this year she also made an appearance on BBC’s The One Show.

The event, which returned to the hospice having recently been held in Ashley Cross, was attended by guests including the Mayor of Poole and Fiona Castle MBE, and featured readings, poems, prayers and singing, including performances from both Daisy Lapworth and Sound of Soul choir.

In addition, for the first time, the service was preceded by a candlelit walk from Sandbanks along the waterside and up to the hospice and ended with mince pies and mulled wine.

Sainsbury’s Trolley Dash at High Street

You will hopefully have found enclosed with your newsletter tickets to enter our Sainsbury’s Trolley Dash. If your tickets were not enclosed or you would like more, please call Fundraising on 01202 708470.
**New board member**

We are delighted to announce that Jacqueline Swift DL, who is currently Chair of Health Education Wessex, has joined the Board at Lewis-Manning.

Jacqueline has considerable experience of working in healthcare sector, particularly in the NHS, and prior to her Health Education Wessex appointment, she was Chair of NHS Dorset in April 2009 and NHS Bournemouth and Poole in September 2011. Mrs Swift was also a non-executive Director at Dorset Healthcare NHS Foundation Trust until her appointment to NHS Dorset, and as Deputy Lieutenant for Dorset.

We welcome Jacqueline to the hospice and look forward to harnessing her expertise, knowledge and skills during a very exciting time in our development.

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**So long, farewell**

Day Hospice said a big fond farewell to Sarah Kelly at the end of last year, who has been Creative Artist for 14 years, not to mention a significant contributor to the annual Art Exhibition.

During that time Sarah has helped and inspired countless patients to develop skills they never thought they had and create amazing artwork they never thought possible.

We wish Sarah well – she’ll be very much missed by both patients and staff.

The hospice also said goodbye and bon voyage to our Retail Consultant Louise Croft, who left to begin new and exciting adventures, starting with a trip to Thailand.

Among many things, Louise has been instrumental in revamping our shops and helping increase trade and we have loved having her as part of the team - her energy, creative ideas, passion and enthusiasm have been both infectious and inspirational.

We wish her well and suspect she will keep her ideas coming from wherever she happens to be in the world!

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**Reception revamp**

You may have noticed that the reception area has had a little bit of a revamp to make more of the space.

Using some generous donations and a splash of ‘shabby chic’ flair, the area not only has a lovely homely feel now but also allows us a better opportunity to display and sell some of the beautiful handmade items created by our patients and members of the local craft community.

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**The Robert White Photography Project**

I am so pleased to tell you that we have become part of a new photography project with Arts University Bournemouth (AUB) funded by Robert White, a very generous local benefactor.

This project is to creatively address the misconception that hospices are “only for those coming to the end of life” when in fact the opposite is also true. With the number of patients having successful treatments, increasingly hospices offer support from diagnosis through to treatment, and help patients live their lives however long or short that may be.

This will be a long term partnership with the Arts University and there will be a competition and indeed exhibitions locally and nationally.

All in all a very exciting creative project which benefits the students, involves them in hospice life, and indeed will be interesting for the patients and carers to take part in.
A new and unique book written by Nikki Hastings before her death last year at the age of 40 has been published by Hampshire-based company Little Knoll Press, with the author’s royalties and the profit going to Lewis-Manning. Nikki attended the hospice towards the end of her illness, where she regained her confidence to find that she had yet again still much to give to others, including her last chapter for the book.

In ‘A life turned Upside Down’, Nikki chronicles and shares how she navigated her way through cancer from a state of shock, depression, torment and struggle, to acceptance, becoming a happy, strong, brave and positive woman.

The book includes a foreword by Debra Stephenson, who through her role as Patron for Lewis-Manning, got to know Nikki. In the book Debra, pictured on the cover with Nikki’s two daughters, recounts her introduction to Nikki at the hospice’s annual Ladies Lunch, writing, “It is always a privilege to meet someone who is courageous, determined and inspirational, especially someone who has the ability to touch your life through meeting them for the first time.”

‘A life turned Upside Down’ was launched at the hospice on February 4th, which was also World Cancer Day, and guests included her husband, two children and Mum, as well as friends, staff, volunteers and hospice patients.
Jobshop UK raise over £10,000 and they are not stopping there!

Independent recruitment consultants, Jobshop UK, ended 2014 by totting up another £510 to their running total of over £10,000 raised in three years for the hospice.

Jobshop UK Directors, Tracey Wood and Frances Miles took the opportunity of a prize raffle at the Christmas Poole Business Lunch Club, raising £255 from attendees which was then matched by Jobshop UK.

Maria Tidy, Fundraising said, “Three years ago Jobshop UK chose to support Lewis-Manning Hospice and neither organisation has looked back. Tracey and Frances have been a joy to work with and we are delighted to report that they have raised over £10,000 by arranging various events, including the annual Back To School Quiz, and an Acoustic Evening at Storm Restaurant, plus various fundraisers at the Poole Business Lunch club. On top of this they have also donated money in lieu of sending Christmas cards and have held various raffles at their open office events. All the money raised has helped support local people with cancer and other life-limiting illnesses who visit the hospice. It has been an amazing partnership which we all continue to enjoy and we are looking forward to the 80’s Disco and new adventures together again in 2015.”

Tracey Wood said: “We chose to support a local charity and Lewis-Manning were the obvious choice with all the fantastic work they do supporting patients and their families. We have enjoyed fund raising over the past 3 years and we are delighted to find out we have raised over £10,000. We have some exciting plans to continue raising money and awareness of the hospice and its good work in 2015, and this was a great way to end the year.”
1. The BP garage in Wallisdown has chosen Lewis-Manning as its Charity of the Year, and they have already collected £462.00 in change via collection cans on their garage, Wild Bean Cafe and M&S cash tills.

2. Peter Boyd, Charity Steward at Dorset Freemasonry on behalf of The Ashley Lodge, presented us with a cheque for £1044.60 raised through various fundraising activities.

3. Matt Devereux, the Provincial Grand Charity Steward of the Provincial Grand Lodge of Dorset, presented us with a cheque for £3,160. Lewis-Manning was one of three charities the Provincial Grand Lodge of Dorset chose to support.

4. Mike and John from Martin & Company Chartered Accountants, kindly offered to be our Santa and Elf in Santa’s Grotto during our Christmas Fayre. The Fayre itself raised £824 and thank you also to everyone who helped, visited and supported the event!

5. As the Chairman’s chosen charity this year, we have been given a donation of £1,075.24 from November’s Dorset Lettings Wimborne 10 Mile Run.

6. Lewis Bear has been honoured with his very own life-size cut-out created by Sainsbury’s Poole to promote the hospice as its Charity of the Year.

7. Thank you to Elaine from Princecroft Willis, who gave us a cheque for £250 following an online vote

8. Mrs Audrey Randall and her friends at Wellington Court in Westbourne, raised £300 as a result of a crystal glass sale, teddy bear raffle and coffee morning.

9. Fundraising Manager Maria Tidy and Jill Holden, our hospice shop manager in Wimborne (far right), received a cheque for £1,500 from the StitchnBitch/forcharity ladies, who also delivered some of their lovely handmade gifts to sell in the Wimborne shop.

10. Margaret Hasted and Sarah Kelly, together with their team of artists, raised over £900 from their Art Exhibition that took place in Wimborne.

11. Hannah Lockey from Celebration Crackers in Wimborne visited us to generously offer crackers for the Ladies Afternoon Tea. The company have already donated crackers to the hospice over the festive period.

12. Thank you so much to Nadia and Colin who raised approximately £3,000 for the hospice by doing a Skydive.

13. Following the launch of her new super-salon in Westbourne in December, Simone Thomas, her team and clients helped raise over £300 through a Christmas raffle and other activities which ran throughout the festive period at the end of 2014.

14. 15. 16. 17. 18. 19. A huge thank you to all our corporate supporters that helped raise over £300 during the Christmas Jumper Day, including Jobshop UK, Leader & Co, EDBN - East Dorset Business Network, Lacey’s Solicitors, staff at Barclays, Poole and the ‘Commissioning & Improvement – People Services’ department at Borough of Poole.

20. Community Fundraiser Louise (right) collected a cheque for £225 from Alex Smith at House of Fraser in Bournemouth, which was raised at a special VIP event last year.

21. Having already donated £3,440 from Captain’s Charity Golf Day to the hospice, John Alsoworh (Captain at Ferndown Golf Club 2013-2014) presented Louise, our Community Fundraiser, with a further £5,000 raised at the Salterns Atlas-Merlot Charity Golf Tournament held in 2014.

22. Fundraising Manager Maria had a visit from Clare and Janet, on behalf of the ELLE Luncheon Club, to present us with a cheque for £1000 raised through a recent auction.

23. Chris Justice and his family raised £2066.75 for Lewis-Manning and Julia’s House during the Windy 500 race which covered nearly 5000 miles in 16 days across several countries in Europe.

24. 8 year old Eve recently raised over £13.00 just by collecting small change at home from family and friends.

25. Staff at BP in Wallisdown raised £445 during a 24hr Spinathon using a bike kindly loaned by Pure Gym.
Hospice Life

Meet the Complementary Therapist

Caroline Newnham

Having joined the hospice as a Complementary Therapist towards the end of last year, Caroline Newnham talks about her role and how it can benefit the patients.

You’ve recently joined Lewis-Manning Hospice – how are you finding it?

The work is rewarding and I have had very positive feedback from patients and staff. The people who use the services and their carers are tremendously grateful for the work done at the Day Hospice. It is very humbling and a pleasure to be part of Lewis-Manning. I am thrilled to be here.

Tell us a bit about your background in complementary therapy?

I trained in massage way back in the 1970’s. I caught up with Holistic Therapies in 2007 when I gained my first CTh qualification. During my career I have worked with patients in the mental health sector giving hand massages. Currently, I am part of the CTh team at Poole Hospital where I go around the wards of the Cancer Centre and Forest Holme Hospice. I am part of an excellent scheme, through Poole Borough Council which offers CTh to full-time carers.

What treatments do you provide for patients at the hospice?

I provide a number of different treatments: Aromatherapy Massage which uses aromatic oils in a gentle massage, for example, on feet and hands or back and neck. Indian Head Massage, which is done seated and without the need to undress. I also do scalp, neck, upper back and arms, as well as Thai foot massage, which is influenced by reflexology and acupressure and is a soporific treatment involving pressure points and massage of the feet and lower legs.

What are your future plans at the hospice?

I look forward to working with the staff who have made me welcome. Hopefully there will be the possibility for me to treat them at the hospice. It’s important to think of their health and well-being too. I am aiming to study lymphatic drainage massage at some time possibly and to work with the Lymphoedema Clinic and Better Breathing Clinic to treat out-patients as well as those from, the Day Hospice. I’m also very happy to help with fundraising.

What’s In a Name? Better Breathing!

As some of you may know the Breathlessness Clinic at Lewis-Manning has been running for 14 years. We have been aware for some time that the term breathlessness may be off-putting for people attending the clinic, as well as healthcare professionals making referrals to it.

We had considered several different, appropriate names. Unfortunately some names are already being used by other organisations, including charities. After much discussion between ourselves, other healthcare professionals, patients and their families we have decided on a new name.

So from now onwards the Breathlessness Clinic has been replaced by the Better Breathing Clinic. We feel that this is a much more positive term, especially as the goal of many of our patients is for their breathing to be better.

We feel that people living with cancer and other life-limiting illnesses can benefit from learning techniques to make their breathing better earlier in their journey. This can enable them to feel less breathless in the future if and when the disease progresses.

We are hopeful that the change of name may encourage our colleagues in hospital and the community to refer patients earlier. We have revamped our patient information leaflet and will be contacting our community and hospital based colleagues about the name change.

The clinic also has a new email address, which is betterbreathing@lewis-manning.co.uk

Ros Dwyer and Caroline Belchamber, Better Breathing Clinic

Hospice Gym Success

Lewis-Manning Hospice’s Physiotherapist Bethan Roberts celebrates the delivery of the first piece of new gym equipment with patients, following her own fundraising efforts to raise money to purchase new items.
In 2010 Anne Bartlett was diagnosed with breast cancer. Although surgery and treatment was successful, Anne needed on-going support for the subsequent side-effects, so was referred to the Lymphoedema Clinic at Lewis-Manning.

Here, Anne talks about the impact of her cancer diagnosis and how the hospice’s holistic approach to care was able to provide her with the necessary physical, practical and emotional support she needed, which still continues to this day.

What were your feelings when you had your original diagnosis?
I was in shock, mixed with complete disbelief. There was also a lot of fear. Our minds were focussed by the fact that we were due to fly to Australia 2 days later, and the first thought we both had was ‘What about the holiday’. Very quickly that was cancelled and we concentrated on what really mattered.

How did you hear about Lewis-Manning?
I already knew of its existence through publicity and the shops, but then I was referred to the Lymphoedema Clinic by the clinicians at Bournemouth Hospital.

What were your feelings about coming to the hospice for the very first time?
I think the word ‘Hospice’ is a bit scary. I was referred to the Lymphoedema clinic at the end of my radiotherapy, just at the point that I thought things were looking up. I must admit, the question ‘Why am I being referred to a Hospice?’ and ‘Is there something they haven’t told me?’ did cross my mind, and I really didn’t know what to expect.

How have those feelings changed over time?
As soon as I arrived at Lewis Manning I was so impressed by the atmosphere. So welcoming, friendly and cheerful, and that did surprise me. Tania and the staff were the most helpful, practical and reassuring staff that I met in my whole cancer experience. They took the time to listen, and that seems to be a really important characteristic of the whole centre. I looked forward to my visits!

What do you feel are the main benefits of using the hospice?
For me it has been the practical and helpful advice and support. I have felt valued rather than feeling a nuisance. I come away feeling better informed, reassured and more positive about my lymphoedema risks.

What advice would you give to women in the same situation?
If you are referred to Lewis-Manning, do make use of it. If you have any pre-conceived ideas about a hospice, at least go and visit and see for yourself. It is so different to what I was expecting.

They have many different ways in which they can offer support, whether it is through meeting other people in a similar situation as yourself, advice, or more practical help through the different activities they offer.

You also attended the ‘Time of your Life’ course – tell us about it and what you personally got out of it?
I had never done anything like this before so I was rather nervous, and the thought of sleeping in the hospice was a little daunting. However, from the minute we walked through the door the welcome and the friendly atmosphere took over. The old and new building seem to have a remarkable calming atmosphere.

We had the chance to experience some lovely activities, designed to offer new ideas for our own self-management and development, as well as to relax and calm us. I enjoyed every one! Reflexology, Mindfulness, Laughter Yoga and Art were just a few of the sessions on offer. I still use some of the techniques at home now. The benefits were too many to list, but for me, the most special parts were the support, friendship and laughter during the weekend, and the fact that I am still using and benefitting from the techniques 10 months later.

Sum up what Lewis-Manning Hospice means to you?
A haven of calm, positivity and support. To know it is there if I need it is a great comfort.

Lewis-Manning will be supporting Lymphoedema Awareness Week which runs from March 2nd – 6th

Anne (left) with Patron Debra Stephenson at Celebrating Women Lunch in 2014
Meet the Manager

We caught up with a very busy June Whitelock, the new manager at the Blandford shop, to ask about her charity shop experiences and plans for the shop in the future.

**You have recently joined Lewis-Manning as Shop Manager in Blandford. Tell us how you are enjoying it?**

I am enjoying it hugely. It’s a good size shop in a good location, with lots of potential.

Tell us a bit about your background and how you came to work for Lewis-Manning?

I have been a Charity Shop Manager for the last 5 years for Weldmar Hospicecare Trust. My shop was in Wareham and I also did a couple of years at the Gillingham shop. As part of their successful Retail Operation, my time there was a happy one. It was after meeting Laura Tait and hearing her goals for the future of Lewis-Manning Retail, that I was very happy to accept the position at Blandford.

Previously, I worked for many years as Head of Sales, at what was previously, I worked for many years as Head of Sales, at what was Lewis-Manning Retail, that I was very happy to accept the position at Blandford.

Do you have any future plans or ideas for the shop?

In fact, there is something huge happening at the moment in retail – the introduction of Gift Aid. We are just days away from the launch and I have seen first-hand how Gift Aid can contribute massively to income. To accompany this, we also have the introduction of computerised till systems in all shops. These are some big changes that will ultimately make us more efficient and more importantly, more profitable. I have been fortunate to arrive at this time and it is always exciting to be in on something new, right at the beginning.

**What do you think makes working for a Charity so special?**

My father died in a hospice a few years ago and I almost lived there with him for the last few days of his life. The kindness and dedication of the staff was absolutely wonderful and I realised for the first time, how important it is that such incredible places exist. So, knowing my efforts go a little towards such a wonderful cause makes going to work............brilliant!

Celebrating the revamped shop

Following a dramatic interior re-design in December at a cost of just £200, the hospice shop in Wimborne re-launched with a special party to thank the local community for its generous support and help.

To successfully complete the refurbishment, the hospice sought help from the local community and businesses and had an overwhelming response. Our former Retail Consultant, Louise Croft, explains, “We put out a call for help to the local community and the response was astounding. Not only did we get responses from skilled tradesmen, such as plasterers, electricians and builders and carpet or flooring fitters, but also from people willing to help paint or rip up old carpet or donate materials. Just whatever needed doing.”

Louise, who in her time at the hospice oversaw the successful transformation of the shops in Winton and Poole, worked closely with manager Jill Holden to give the shop a touch of “je ne sais quoi” with a French Country Home-style theme, acknowledging Wimborne’s twin town of Valognes in Normandy.

Both the Mayor of Wimborne and Town Crier were amongst the guests at the launch event and entertainment was provided by DJ Chris Brown, local acapella men’s choir The Gravellers and folk band Swinging the Lead.

Louise added, “The store is our largest and has an amazing selection of furniture, so we are thrilled to be able to now give it the beautiful display layout it deserves. We want to give our customers a shopping experience to savour and every single contribution has helped enormously.”
A Message from Paul Bossier

I’m a fan!

As Chief Executive of the RNLI, which is another Poole-based charity, I first met Elizabeth Purcell and her team when I arrived here 4½ years ago, and I have been watching the progress of the hospice with unreserved admiration ever since. The minute you walk through the front door, you know that this is a special place; a place where people matter; a place that does so much good for so many people, always with a smile and a willing heart. As a visitor, there is a sort of ‘magic dust’ that settles on your shoulders when you spend a little time here. You never feel it, and you don’t know it’s happening, but after a few hours in this wonderful place you always seem to drive home with a smile on your face, a bit lighter in your step and feeling better about life.

Where does this come from? It comes from a group of wonderful people – the Lewis-Manning team - who give so much of their time, their attention, their warmth and their love to make this hospice the huge success that it is. It starts with Elizabeth of course, but it runs through everyone you meet, whether volunteers or staff, nurses or patients.

It is about looking after people, whoever they are, as well as you possibly can. Treating everyone as an individual, and giving them the care and support that they need. Making all of us – visitors included – feel very special and very welcome. It’s powerful stuff, and it makes the Lewis-Manning Hospice so terribly special.

I know the journey has not been particularly easy over recent years. Building and commissioning the new rooms has been beset with problems. Income is a perennial issue for every charity. But if ever there was an organisation that shows how much you can achieve with bucket-loads of belief, a lot of love and a cussedly stubborn refusal to be beaten, this is it!

Lewis-Manning is Poole’s hospice, and all of us who live and work here should feel immensely proud of it. It is a fabulous, successful charity, fulfilling an urgent need in the community, and doing so with charm and real commitment.

I wish you every success in the coming year

Paul Boissier
Vice Admiral, CEO RNLI
Forthcoming Events

For information, tickets or to register for these events please call 01202 708470 or visit www.lewis-manning.co.uk

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**BILL’S CHARITY QUIZ NIGHT**
Saturday 7th March 2015 at The Holy Angels Church, Hall, Lilliput
Quiz starts at 7.30pm, supper served at 6.15pm.
Raffle and Prizes for the winning team
Tickets £12 includes fish & chip supper?
BRING YOUR OWN DRINKS, GLASSES AND NIBBLES

**DORSET COAST AND HARBOUR BIKE RIDE**
Sunday 24th May 2015 NEW 70 MILE ROUTE
Follow the jurassic coastline, visit historic Corfe Castle and enjoy an ice cream on the beach in beautiful Studland Bay. Four fantastic routes of 17, 35, 55 or 70 miles starting and finishing at Whitecliff Park in Poole.

**SPINNAKER TOWER ABSEIL**
Sunday 16th August 2015
Spinnaker Tower, Portsmouth, Hampshire, PO1 3TT

**CHARITY TANDEM SKYDIVE**
Saturday 11th July 2015
Leap for Lewis-Manning Hospice this summer!

**Charity Golf Day**
Wednesday 29th April 2015
North Hants Golf Club, Fleet, Hampshire. 12 Noon
We have an amazing opportunity for all our golfing supporters and their friends to play at the home of Justin Rose and the Hampshire Hog Open Amateur Competition, at North Hants Golf Club on 29th April 2015.
Includes: Ploughman’s Lunch on arrival, Tee off from 1.30pm – 18 holes, 3 course dinner. £450 for team of 4
Spaces are limited, so book early to avoid disappointment.

**Look out for some of our exciting fundraising events in 2015**

- **March**
  - Big Bear Brunch
  - 7th & 8th
  - Poole Lions
  - Swimathon (Dolphin Swimming Pool)
  - 12th
  - Ladies Pamper Night (Ocean View Hotel, Bournemouth)

- **April**
  - 14th
  - Patrick’s Quiz Night (Patrick’s, Ashley Cross)
  - 22nd
  - Ward Goodman Quiz (Allendale Centre, Wimborne)

- **May**
  - 27th
  - Networking Event

- **June**
  - 3rd
  - Pamper Day (Carlton Hotel, Bournemouth)
  - 7th
  - Ali’s Cream Tea
  - 13th & 14th
  - Dorset Cream tea
  - 21st
  - Family Fun Day
  - ...and much more!

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For information, tickets or to register for these events please call 01202 708470 or visit www.lewis-manning.co.uk